

Steve Burns, Ph.D., L.P.
Licensed Psychologist
2324 University Avenue West, Suite 100
Saint Paul, MN 55114

Work: (612) 990-0649 Fax: (651) 641-1009
E-Mail: burnsphd@Comcast.net

Education

Doctor Of Philosophy (Ph.D.)

Virginia Commonwealth University
Richmond, Virginia
Clinical Psychology

Master of Science

Virginia Commonwealth University
Richmond, Virginia
Clinical Psychology

Bachelor of Arts

Old Dominion University
Norfolk, Virginia
Summa cum Laude

Doctoral Internship Year

Didi Hirsch Community Mental Health Center
Culver City, CA
American Psychological Association Approved Pre-doctoral Internship in
Clinical Psychology

Post-Doctoral Internship

Didi Hirsch Community Mental Health Center
Culver City, CA
American Psychological Association Approved Post-Doc in Clinical
Psychology

License: Minnesota Licensed Psychologist #3528

Professional Experience

Psychotherapist

1998-present

- Northland Therapy Center Saint Paul, MN
- Psychotherapy with individuals, couples, and groups
- Testing (psychological, including ADD; vocational; SSD; etc.)
- Provision of intake interview, assessments, diagnosis and treatment planning
- Treatment of most diagnoses including but not limited to depression, anxiety, OCD, Bi-Polar Disorders, etc.

Specialized Training & Experience

- Advanced training and experience with EMDR which is a treatment for PTSD, including childhood trauma and abuse as well as more recent traumas
- Thirty years experience working with substance abuse of all kinds
- Experience and training in working with sexual and internet addiction problems
- Hypnosis & relaxation techniques

Prior to a short time therapy job with River City Mental Health Center from 1996-1998, Dr. Burns spent most of his time working in mental health administration and AIDS care including being Executive Director of Project Open Hand in San Francisco for five years, as well as Associate Exec. Director of the Los Angeles Mental Health Association for three years.

A Note:

Throughout his career in private practice, Dr. Burns has had a special focus on those members of the Gay, Lesbian, Bi-Sexual, Transgendered communities requiring and/or benefiting from psychotherapy.

Dr. Burns does not believe that there is any inherent “mental illness” as a result of sexual orientation and has been gay identified for his entire career.

Dr. Burns has treated LGBT issues across the lifespan as a full time-therapist since 1996.

Publication, Teaching, and Professional Presentation List available upon request.